

Weekly Cleaning Checklist



for folks who hate to scrub

KITCHEN

- empty drainboard and dishwasher
- take out trash, recycle, compost
- wash dishes
- recycle/throw out papers and other counter clutter
- wipe down counters and kitchen table
- quick sweep
- wipe sinks
- hang fresh towels (toss old ones in wash)

BATHROOMS

- clear and wipe down counters
- clean toilets
- spray shower
- wipe tubs

BEDROOMS

- make beds
- put away clothes
- clear bedside tables
- dust
- quick vacuum

LIVING ROOM

- fold blanket and straighten pillows
- quick vacuum
- dust

OFFICE

- recycle/file loose papers
- dust
- quick vacuum